

Families

Unfortunately, in many countries around the world, positive family influences have decreased. There are several indicators both inside and outside the family that are worth considering.

Inside

1. Does every member of the family know that they are loved absolutely and without condition?
2. Does each person know that their value and worth in the world is a given?
3. Does each person know that there is always a choice?
4. Does your family gather each day at least once for dinner, or another mealtime, and encourage conversations about what individuals are learning, discovering and/or what kind of day they created?

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5. Is the use of electronic devices limited to a small number of hours a day?
6. Are children encouraged to play outside and create games that involve their peers?
7. Are members of the family playing The 100/100 Game which has only two rules and one perspective shift:

Rule One

Leave things better than you found them.

Rule Two

If you see something that needs to be done, do it.

Perspective Shift

Anything you see that needs doing/handling stop labeling it as belonging to “anyone.” View it without the labels as simply what happens to need doing.

Example: When I come across wet towels in the dryer due to it not being turned on, all I see are wet towels in the dryer, and I turn it on so they can get dry. If I spend even a

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moment's time on how they got there, who put them there, the "mess" then belongs to someone and I have ceased playing The 100/100 Game. The 100/100 Game does not mean everyone makes messes and one person cleans it up; it means everyone plays the game, and by not making the messes "belong" to anyone and allowing them to just be what needs done. We internally free ourselves to be more fully present and agitation ceases. When everyone plays the game, the home/place of business/workshop/class/institution the place whatever it is, runs more smoothly and efficiently. People develop eyes for seeing what is wanted and needed, the environment not only takes on a more efficient tone quality, it also takes on an incredible sense of presence and loving kindness from all those in the environment towards each other, their work and themselves.

8. Are grandparents cared for well?
9. All members are treated with dignity, respect and loving kindness at all times.
10. Does the family do things together on a regular basis?

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Outside

1. Read “Through Our Hands” available for reading in the book “A World That Works for Everyone! An Exploration of Possibility” in Appendix Six. Available to print at:
www.beaworldthatworksforeveryone.com/resources
2. Read the Greg Baer section of “Care of the Soul” available for reading or printed copies on the Resources page:
www.beaworldthatworksforeveryone.com/resources

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